



Impact Report

2024/25



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Welcome

This year has been both challenging and rewarding as we continue to grow and improve. Through it all, our focus has remained firmly on supporting our young people. I am continually in awe of all our wonderful staff and volunteers, who strive for excellence and achieve so much, despite the challenges and limitations we face as a charity. We can't thank you enough for your passion and commitment.

This year I have been overwhelmed with the confidence of our young people and their voice in co-producing our work. At our youth advisory board and forum, where our CEO, Rachel, was interviewed by the young people, I witnessed their clear voice shaping what we do.

A standout moment for me was at our Breaking Clays event, where one participant summed it up perfectly: great day, brilliant organisation and such a fantastic cause. At the same event one of our young people asked to do a speech sharing a little of her journey with Break and how she is now moving on. We know Break will still be there for her should she need us.

We really do care differently.

Bev Hall

Chair of trustees

Always walking alongside

No young person should feel alone in the world. At Break, we make sure they don't.

We walk alongside children and young people in, around and leaving care when we're needed most. Through fostering, residential homes, wellbeing support, mentoring and our leaving care service, we help children and young people build their confidence, create strong relationships and experience new opportunities.

More than support, we offer life long care, love and ambition so that young people can grow beyond what they thought was possible.

VISION

A world where all young people, whatever their start in life, have the opportunities and relationships they need to thrive.

MISSION

Giving young people in, around and beyond care the love, support and ambition they deserve.

How we care differently:

Support

We stick with our young people for as long as they need.

Love

Our young people know they are loved every step of the way.

Ambition

Our young people grow beyond what they thought was possible.

The Break approach

Working across East Anglia, we empower young people to overcome challenges and unlock their potential through tailored support, mentoring, and skill-building.

As you'll see in this report, our work boosts confidence, improves wellbeing, and opens doors to education and employment.

In 2024-25 we had:

52

mentors supported our young people as they transition into adulthood.

6/7

homes rated Good or Outstanding by Ofsted.

4,963

hours of support provided by our Opportunities team.

378

hours of support were given through our Emotional Wellbeing Service.

32

young care leavers were supported by our leaving care service, Staying Close, Staying Connected.

221

sessions were delivered by our Opportunities team to build new skills and grow confidence, including 52 barista training sessions on our CoffeeBreak van.

1
short break home



2
disability homes



4
group homes



5
intensive / solo homes



3
support foster carers



10
foster families



Building a future: Tyler's story

Tyler*, now 25, came to live at one of Break's children's homes when he was 15. After moving through multiple homes and foster care since he was 12, he wasn't expecting much. But Break felt different.

"It felt easy. Just like living in a normal house. There were five of us, but the staff always had time for us. I really felt like I belonged. We'd go on day trips and holidays - sometimes all together, sometimes just me and a staff member. Those memories really stayed with me. They helped me feel connected."

Tyler didn't really enjoy school, but one day he saw a maintenance worker painting at the home and asked to help, it sparked something. "School was never my thing. But when I picked up a paintbrush, I knew I'd found something I really liked. The staff encouraged me to explore this and let me help the maintenance team with small jobs around the home until I left."

As Tyler approached 18, an age when many young people in care have to leave, the idea of leaving could have been overwhelming. But for him, it felt a little different. "That pressure did hit me, and the idea of living alone and managing bills was daunting. But I knew about Break's lifelong support, and that they weren't just going to disappear."

Break's leaving care service, Staying Close, Staying Connected,

helped Tyler find a place to live and supported him with budgeting and daily tasks. "They helped me understand what I needed to do and what I didn't need to stress about. Knowing there was always someone to turn to made a huge difference."

This meant he could focus on his future. He soon joined Break's Building Futures programme,

“

Break has given me so much over the years. Working on the maintenance team feels like my way of giving something back. It feels good to be part of that.

”

where he learned skills like woodwork, bricklaying, and plumbing. "I loved it. It gave me direction, and I was doing something I really liked. I got on with James, who runs the programme, really well. He's been there since day one and knew what it meant to me."

Tyler also took part in opportunities he never expected - residential trips, advisory boards,

and even interviewing staff. "My first interview was for a mentoring role. I remember thinking, so this is what a real interview's like? Being part of the advisory board felt really good because Break wanted to listen to us - the people with lived experience - and they respected that."

Through Building Futures, Tyler did an apprenticeship, learning practical skills he'd never tried before and discovering what he was good at. When a role opened on Break's maintenance team earlier this year, Tyler was ready.

"The interview was a bit scary. It lasted a couple of hours, and they asked what I could and couldn't do. James was with me, explaining things when I got stuck, which

made it less daunting."

Today, Tyler works part-time on the maintenance team, and also helps the fundraising team with their events, making signs and helping set up. "It's way better than sitting at home playing Xbox. It gives me something exciting to do, helps me learn new skills, and I meet more people."

"I really didn't think I'd be doing any of this when I first joined Break. I barely spoke to anyone. Now, I feel a lot more confident and comfortable around others. I love being part of the maintenance team. Break has given me so much over the years. Working on the maintenance team feels like my way of giving something back, helping make the homes better for the young people who come after me. It feels good to be part of that."

*Name has been changed to respect the young person's privacy.

Young people growing up in care are three times more likely to not be in education, employment or training (NEET).**

71% of young people in our Staying Close, Staying Connected service for care leavers are engaged in employment, education or training - a figure that exceeds the national average.

**Office for National Statistics Report, published May 2025.



Supporting learning

For many young people in care, school can sometimes feel overwhelming. Changes in home life and past experiences can all have a big impact on their ability to feel safe and supported in education.

At Break, we understand that every young person's journey is different and we work alongside them to find a way back into learning that feels right for them.

Since arriving at one of our solo homes in March 2024, 12 year-old Jack* has been on that very journey. Before coming into care, school had been mostly positive but that changed when he was removed from school and placed into care. School became a source of anxiety.

The team around him responded with patience, flexibility, and creativity. They supported initial re-engagement by attending sessions alongside him and identifying practical strengths, such as repairing bikes and enjoying music. Working closely with educational providers, they helped create a bespoke timetable and one-to-one learning. They've also gently built education into everyday moments for when Jack can't face school, like counting seeds while gardening or creating PowerPoints after museum trips.

"He's come such a long way since arriving with us," explains the homes Deputy Manager, Farhan. "As a team we just stayed

consistent, listened, and explored what worked for him. There have been ups and downs, of course, and that's completely normal. But we don't shame him, we adapt and keep showing him we're here. Now, he's starting to engage, enjoy learning again, and it's been incredible to watch his confidence grow as he feels safe and supported."

This is just one example of the work we do every day at Break - walking alongside young people, adapting to their needs, and helping them rediscover their strengths. Because when a young person feels safe, understood and supported, there's no limit to what they can achieve.

*Name has been changed to respect the young person's privacy

“

He's come such a long way since arriving with us... Now he's starting to engage, enjoy learning again, and it's been incredible to watch his confidence grow.

”



Nationally, just 14% of care leavers under 19 progress to higher education, compared to 47% of other young people. At England's top 32 universities, only 90 care leavers began undergraduate courses.**

Five of our young people are currently studying for a degree, including **two** at top-tier universities.

**Breaking the Care Ceiling, Civitas, Sept 2023

A career in care

Jordan's journey with Break began nearly ten years ago at 21, starting as a support worker caring for four boys at one of our homes. Though initially daunting, he found his purpose and built a successful and rewarding career, now managing his own children's home.



“

What motivated you to start a career in care?

I've always had a caring nature and a real desire to support others, so when I found out about the opportunity at Break, it felt like the right moment to try something new. I left my job in banking and took the plunge. From the minute I walked through the door, I loved it. Building connections with young people, learning from them, and growing alongside them. The role challenged me but also helped me discover a passion I didn't know I had. I also felt that Break believed in me, invested in my training and growth, and really supporting me.

“

What helped you progress from a support worker to a managerial role at Break?

Making the leap to become a manager was both exciting and challenging. I pushed myself to learn as much as possible, reaching out to managers and leaders to absorb their knowledge. Break's support was invaluable - they provided training, encouragement, and trusted me to take on leadership roles early on. Even when I faced setbacks, like not getting a promotion initially, I stayed focused and persistent. Eventually, I gained the confidence and experience to lead my own team.

“

How do you cope with the emotional challenges of the role?

Working in this role can be emotionally intense, but the support at Break is fantastic. From day one, you're surrounded by a family-like network that genuinely cares. Regular and reflective supervision, one-to-one clinical sessions, and access to external support services means we can manage the emotional challenges of the job. When things get tough, managers and even senior leaders like the CEO are approachable and involved in finding solutions. As you progress into leadership roles, that support grows, helping you not only manage your own wellbeing but also guide and care for your team.

“

How has working your way through Break helped you?

My ethos has always been creating a safe space - not just for young people, but for the team around me too. Working my way up from support worker has definitely shaped how I lead and meant I can understand my team. Every young person I've supported has taught me something, and I carry those lessons with me daily. Their strength, resilience, and ability to keep going despite everything inspire me more than they know. Everyday they remind me why we do this.

Looking back to when I was 21, I can't believe how far I've come both personally and professionally. I started with little experience and self-awareness, but this role has helped me grow into someone confident and self-reflective. Through Break's support, I discovered I had ADHD and dyslexia, and instead of being barriers, they became part of my journey. I've learned how to lead, coach, and really listen. This job has taught me to put others first, to be a voice for young people, and to be proud of who I've become.

“

What advice would you give someone thinking about a career in care?

I would say do it, 100%. It's not always easy; there are tough days, and it can be emotionally demanding. But the rewards are unlike anything else. Watching a young person grow, heal, and move on positively, that's something you'll never forget. The relationships you build last a lifetime. I still hear from young people I've supported - they'll call just for a chat or to say thanks. And that's the great thing about Break's lifelong offer. We're always there, and that's when you know you've truly made an impact.



“

I'm so proud to be part of the team and to help make a difference.

”

Finding a place at Break

Sarah joined Break in March 2023 as a housekeeper, but it didn't take long for her to feel inspired by the young people she supported every day.

By January 2024, she had taken on a new role as a relief support worker. “I realised I wanted to play a bigger role in their lives,” Sarah says. “For me, nothing is ever too much – I love setting up fun play activities, keeping the home cozy, and trying to brighten everyone's day.”

Known for her positivity and a great cup of coffee, Sarah brings energy and heart to everything she does.

Her journey shows how Break supports people to discover their strengths and follow a path that's both meaningful and rewarding.

Celebrating excellence

We were incredibly proud to see Anna, a manager of one of our disability homes, recognised as a finalist for the prestigious Understood Award at Norfolk County Councils second annual Flourish Awards.

Designed to celebrate those who make a remarkable difference in the lives of children and young people across Norfolk, the ceremony was held at the Royal Norfolk Showground in September, bringing together inspiring individuals and organisations dedicated to helping young people flourish.

The inspiring evening also included a special moment for Anna: meeting Nick Davidson, whose parents founded Break in 1968.

Anna's passion and expertise have made a real difference to the lives of the young people and families she supports, playing a key role in many successes and going above and beyond everyday.

Break named finalists for Employer of the Year award

We were also thrilled that Break was named a finalist for the Employer of the Year award at the Broadland & South Norfolk Business Awards. The nomination celebrates our supportive workplace and the life-changing outcomes delivered by our South Norfolk homes for children with complex disabilities. “To be named finalists for this award is a great honour,” says CEO Rachel Cowdry.



Introducing our new ambassador: Leon Reid

We are proud to welcome former Olympian and Commonwealth medallist Leon Reid as Break's newest ambassador. Leon brings not only an inspiring sporting career but also a powerful personal story shaped by his experience growing up in foster care - one that deeply resonates with the young people we support.

“The ones who see past the paperwork, who want to understand and believe in the young person in front of them - they change lives.”



Leon entered care at just four years old and moved through around 14 foster homes. “It became normal. New schools, new families, always being the new kid,” he reflects. “You adapt, but in doing that, you can lose sight of who you are.” For Leon, sport became a vital outlet and a source of stability in an ever-changing world.

A foster carer he now calls “Mum” encouraged him to try after-school activities, and a supportive PE teacher recognised his potential. With help from his social worker, Leon got his first athletics kit and began competing. By age 15, he ranked among the UK's top 10 in multiple events. Sport gave him focus, purpose, and the opportunity to build a different future.

Leon's connection with Break has already made a meaningful impact. He joined us at our Christmas Carol Concert and took on the gruelling Yorkshire Three Peaks Challenge earlier this year, raising over £1,000 to support young people in care. “Break feels like a family,” he says. “It's not just about putting young people in homes, it's about giving them the support to grow and believe in themselves.”

As an ambassador, Leon is passionate about using his platform to inspire. “I didn't have many people to look up to when I was younger, apart from my coach, who helped guide me. Now, I want to be that person for others; someone they can turn to for advice or encouragement.”

Leon knows the difference a great foster carer can make. “The ones who see past the paperwork, who want to understand and believe in the young person in front of them - they change lives.”

His message to the young people at Break is heartfelt: “Say yes to new experiences. Try new things. You never know what could change your life.”

Leon's story is one of resilience, belief, and transformation, and we're honoured to have him as part of the Break family.

Strengthening safeguarding

Safeguarding is everyone's responsibility and at Break, it's at the heart of everything we do.

Our Safeguarding Conference, held in May, brought together staff, young people, and expert voices to reflect, learn, and strengthen how we protect and support those in our care.

The event focused on current safeguarding trends, shared best practice, and equipped attendees with tools to take back to their services. Young people led the way, sharing their experiences and reminding us what truly matters.

Speakers included Ofsted Safeguarding Officer Paul Bailey talking about Safe Cultures and Professional Boundaries, and Claire Prosser and PC Lisa Thomson who spoke on Contextual Safeguarding.

Lynsey, Head of Care Development for Break, said: "It was great to see so many people together thinking about how we make sure we keep safeguarding at the forefront of our minds. And our young people, as always, had the most important voice in the room and I left feeling so lucky and grateful to them for being brave enough to tell us what they need."

“
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and grateful [to Break's
young people] for being
brave enough to tell us
what they need.

”

Lynsey Harley

Head of Care
Development



Wellbeing that works

Turning 18 is a huge milestone for any young person but for care leavers, it often means suddenly thrust into adulthood without the support most take for granted.

Our **Emotional Wellbeing Service (EWS)** is a lifeline for 16 to 25-year-olds navigating this tough transition, as EWS manager Gail explains:

“Traditional clinical services don't always meet our young people's needs. Not only can it be difficult to access mental health support, but many of our young people, understandably, find it hard to trust in professionals and prefer a more relational, compassionate approach. We meet young people where they are - physically, emotionally, and psychologically. We offer flexible, person-led support in familiar spaces. Instead of requiring appointments at fixed times or paperwork, we visit them at home or a location they feel safe and comfortable at a time that suits them. Our trained

practitioners provide individualised care that helps them understand their feelings and build tools to manage anxiety and trauma.

This isn't just about therapy. It's about building lasting, trusting relationships. For some, our practitioners become the most consistent caring adult in their life. We help them understand their own resilience and connect them with additional specialist services when needed, sometimes accompanying them to first appointments. And we'll also link them with other opportunities within Break, such as our mentor programme to help build those trusting adult relationships.

The impact is clear in moments when young people proactively come to us to share their achievements, whether securing an apprenticeship or reaching new milestones. It's when we hear things like this that show the profound and lasting impact a service like this.”

Children and young people who have lived in care are approximately four times more likely to have mental health needs than children living with their birth families.*

From the latest satisfaction survey from our young people:

65%

said they felt less
anxious

85%

said they felt happier due to the
support they received

*NSPCC, 2015

A home remodelled

After months of transformation, one of our homes has now reopened as two beautifully refurbished solo homes - a vital step forward in supporting young people in care.

What was once a large single placement has been thoughtfully redesigned into two individual homes - each tailored to offer the safety, stability, and personal space that so many young people need to thrive.

This kind of housing plays a crucial role for young people who have experienced trauma or instability, as some can find shared living incredibly challenging and overwhelming.

Housing like this gives them the opportunity to rebuild their confidence, develop independence, and receive tailored support without the pressure of cohabiting with others.

“Solo placements mean we can tailor everything to fit their needs, helping them feel settled, supported and valued,” explains Break’s Development Manager, Steve. “We’ve seen young people really thrive in this kind of environment.”

Having two solo homes side by side brings a unique benefit: it opens up chances for connection. Young people in solo care can

often feel isolated, especially if they’re not in education or employment. With a peer living next door, there’s an opportunity for natural social interaction, like sharing a conversation over the fence or making a new friend, just like in any typical neighbourhood.

The project was made possible through hard work, generous donations, including two kitchens from John Lewis, and a team of dedicated staff and volunteers.

Importantly, the young people who will live in these homes played a key role in making them feel their own.

“Their input was invaluable,” explains home manager, Michael. “From helping decide on themes to picking colours, although we had to negotiate on a bright orange kitchen! This collaboration gave them a sense of ownership and pride in their home, which is so important for creating a space where they feel truly comfortable.”

At Break, we’re committed to helping young people feel safe, supported, and ready to thrive. This transformation allows us to reach more young people with plans to create more solo homes in the future.

“**Solo placements mean we can tailor everything to fit their needs... We’ve seen young people really thrive in this kind of environment.**”



Empowering young voices

Young people growing up in care don't always have their own family to guide them through life. At Break, we're there to help them find their voice and open doors so they can grow, thrive, and build bright futures filled with opportunities.

And we make sure they are always heard by creating spaces where young people can speak up, share their ideas, and shape the services they need.

Here's a taste of what our young people got up to this year.

As a result of the work from our Opportunities and Participation Team:

90% of young people feel more confident.

80% say their skills for working have improved.

75% say their social skills have improved.

Two young people joined the Council for Disabled Children's 'Youth Voice Matters' Conference 2024 and co-produced the Youth Voice Manifesto.

Our young people joined Norwich Theatre Royal's Employability and Skills Building Workshops for Care Experienced Young People, gaining experience in the arts, theatre, and creative industries

Our podcast series offers a platform for our young people to advocate for themselves whilst also building valuable digital skills. Their most recent series focuses on careers with some inspiring interviews on breaking into a career in radio, politics and law.

Beach Clean for North Norfolk Council

We've been working with Kick the Dust to offer opportunities to explore heritage, history and culture with creative co-design around voice, labels and aspirations.



The opportunities I've received from you guys are some of the best I've done. Without them, I don't think I would've felt confident enough to take the next step in my journey.



At Wrongs Covert, young people engage in outdoor activities like tool use, fire making and skill building.



Painting the penguin habitat at Banham Zoo.

Care that goes beyond

Every now and then, our young people need something more from us – a little extra care, support, or attention that goes beyond the usual.

Our three homes for young people and families with complex needs are designed to do just that. Whether it's offering stability during a crisis or creating moments of stability in a world that can sometimes feel overwhelming, our dedicated teams go above and beyond.

“

We're there for our young people, not just in the everyday routines, but whenever they need us. Whether it's something small or something life-changing, they know they can count on us. That sense of safety, trust, and consistency is what helps them feel truly supported, and is what makes all the difference.

Pete, Nelson Lodge Manager

”

Care that stays close

When a young man at our Morley home was admitted to hospital with a serious ear infection, our team stepped up without hesitation.

For three nights, someone he knew and trusted stayed by his side, ensuring he felt supported and safe and making a real difference during a difficult time.

Swift support

At our short breaks home, Nelson Lodge, for young people with disabilities, the unexpected can happen - and in the space of just two weeks, two young people needed that extra care.

In both cases, the team responded immediately, adjusting plans and stepping in without hesitation. Schedules were shifted, and extra support was offered so each young person could be fully cared for.

Thanks to the team's swift and thoughtful actions, both young people came through feeling safe and supported. For them, especially when other parts of life have felt uncertain or in crisis, our home remained a constant, reminding them they're never alone, no matter what challenges arise.

Normalising childhoods

At Trafalgar Lodge, one of our homes for children with disabilities, a young person recently reached a new milestone: her very first sleepover at a friend's house.

It's something many children experience without a second thought, but for those in care and with complex needs, moments like this take a little more planning and support.

Checks have to be carried out, information shared with the friend's family, and detailed contingency plans put in place. While these extra steps are essential, they can sometimes make it harder for young people to fully experience these everyday moments. But our team didn't let those challenges get in the way. They handled every detail with care, sensitivity, and confidence to ensure the sleepover went ahead smoothly and that she was safe and supported. The young person had a wonderful time and is now having regular sleep-overs at her friends house.

It may seem like a simple moment, but it's a meaningful step in making childhood feel just like it should.

Really wild fundraising!

From sleeping near wolves to scaling mountains, and giant giraffes taking over Cambridge - our fundraisers went all out this year.



Keys to the Zoo

One of the highlights of the year was the Keys to the Zoo event in October, made possible through our fantastic partnership with the Zoological Society of East Anglia (ZSEA).

Banham Zoo generously opened its gates exclusively for the Break family, bringing together our young people, staff and their families, volunteers, and supporters, for a truly unforgettable day.

This event perfectly showcased the power of partnership in creating lasting memories and meaningful experiences for our young people.

We are incredibly grateful to ZSEA for their ongoing support and for welcoming us so warmly.



A night at the zoo

On a chilly November night, our incredible Big Zoo Snoozers braved the cold and the call of the wild to raise over £10,000 for Break and ZSEA Banham Zoo!

Fundraisers slept outdoors with wolves howling nearby, took part in night-time torch walks with zookeepers, and even held hissing cockroaches.

Even our Chief Executive, Rachel Cowdry, faced her fears by taking on the CEO Challenge and spending time in the rat kitchen and getting up close with creepy crawlies. Rachel's fearless fundraising raised over £800!

This unforgettable experience gave supporters a rare chance to sleep under the stars, surrounded by the zoo's animals in their nighttime habitats, all while raising vital funds for young care leavers.

With the success and demand from our 2024 event, The Big Zoo Snooze will be returning in 2025!

Three peaks, one cause

In May 2024, over 40 determined adventurers took on the gruelling Yorkshire Three Peaks Challenge.

Led by the brilliant Debbie and Roly, experienced hikers who know the route inside out, the team completed the 25-mile, 12-hour trek across Pen-y-Ghent, Whernside, and Ingleborough, and raised an incredible £20,000 between them.

With grit, teamwork, and a shared purpose, the group powered through every step – with one saying, “That was an experience and achievement I will never forget!”

Break staff were also among the group, including one of our childrens home managers, Jordan, whose fundraising will help give the young children in his care the chance to go on a much-deserved summer holiday!



The giraffes making a difference

Launched in March 2024, Cambridge Standing Tall, a public art trail organised by Break, brought colour and creativity to the streets of Cambridge for ten weeks. Featuring 31 giant giraffe sculptures and over 60 “Mini Gs,” the trail concluded with a charity auction that raised an incredible £142,600 to support young people leaving care.

The auction, held at Graduate Cambridge, welcomed over 140 guests who took part in energetic bidding both in person and online. Delivered by Break in partnership with Wild in Art, Cambridge BID, and Alan Boswell Group, the trail ran from 21 March to 2 June. Each giraffe was uniquely designed by a professional artist and sponsored by local businesses, while Mini Gs were created by schools and community groups.

Auction highlights included “Growth” by Charlie Stafford, which raised £6,000, and “Iggles and Jiggles” by Rachael Butler, which fetched the highest bid of £6,600. The evening was hosted by BBC Radio Cambridgeshire’s Dave Webster and auctioneer Natasha Raskin-Sharp of Bargain Hunt fame.

Retail

In February, four popular influencers from the Norfolk Creators collective rolled up their sleeves and volunteered at the Break charity shop on Ipswich Road, helping raise awareness about how volunteering and pre-loved shopping can support young people.

The initiative saw Dinky_in_Norfolk (aka Laura Francis), Norfolk Family Outings, Emma Norwich Girl, and Girl Around North Norfolk fully immerse themselves in the day-to-day operations of the shop.

From sorting through donations to engaging with customers, they showcased the rewarding experience of volunteering, while encouraging followers to explore the range of pre-loved items available.

“Every item on a charity shop shelf holds the power to change lives. From funding vital services to supporting those in need or

reducing waste for a better planet,” says Laura Francis (Dinky in Norfolk).

“By giving just a few hours of our time, we may spark hope, build connections, and create meaningful change in our community. It’s more than volunteering, it’s about turning little acts of kindness into big transformations.”

Through their platforms, the influencers reached thousands, encouraging others to consider the transformative potential of giving time, buying pre-loved and supporting local charities.

“We’re were thrilled to have such a fantastic group of influencers joining us,” said Lesley Leigh, Head of Retail at Break. “Volunteering is such a rewarding experience, and we hope this event will inspire people of all ages to get involved, and raises awareness about the positive impact of shopping differently.”

“

Every item on a charity shop shelf holds the power to change lives.

”



Finances

We invested £16.55m into caring differently in 2024-25.



£2,998,000
Residential homes



£3,005,000
Intensive homes



£3,094,000
Disability homes



£1,309,000
Leaving care



£264,000
Lifelong opportunities



£781,000
Family support*



£236,000
Training

*Including fostering and therapeutic services.

Looking ahead

We are looking forward to a busy 2025/26 as we continue to grow and develop in the areas we know we do well. Our focus ahead is to ensure that we support and love as many young people as we can as we know that through those relationships, we can begin to heal the hurt.

Rachel Cowdry

Chief Executive
Officer



We have refreshed our look, which you can see throughout this report, and re-established values that have meaning for our young people – as well as colleagues and partners.

- **We are all about relationships**
- **We are here when it matters most**
- **We are curious about the world around us**
- **We challenge to encourage change**

As we move through the year, we will be doing more to amplify the voice of our young people. Those who experience the care system need us to support them to explain what those around them can do differently to ease their move into adulthood.

We are creating a new partnership programme to grow our support base, build long-term relationships, and offer a truly engaging way to make a difference. With a packed calendar of events, our unique CoffeeBreak van, and a dedicated and experienced fundraising team, we'll be helping partners raise their profile and meet CSR goals.

We will be launching our latest trail GoGoSafari which will transform Norwich and Norfolk into a vibrant trail of over 50 sculptures made up of gorillas, rhinos, giraffes, lions and elephants - each decorated by an artist and sponsored by a local business. I hope you will join us to celebrate the wonderful art event and learn about Break at the same time.

We will do all of this and walk alongside our young people who we offer a place to call home, who we love and who we will support until they do not need us anymore. That's what we do at Break. We care differently.



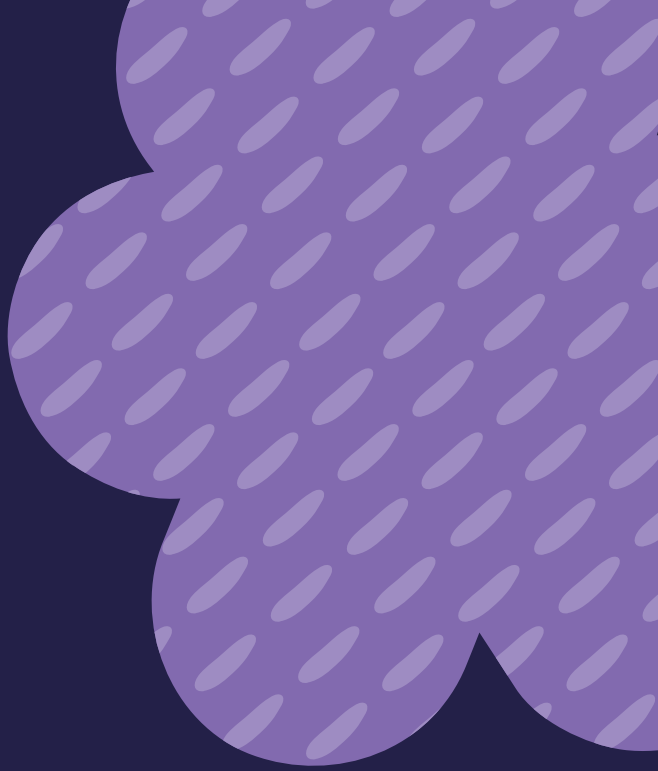
Thank you

We're deeply grateful to all our major supporters who have helped to make everything we achieved this year possible.

29th May Charitable Trust
 Adrian Flux Insurance Group
 Alan Boswell Insurance
 Anglia Ruskin University
 Annie Tranmer
 AstraZeneca
 Bailey Fisher
 Beer Harris Memorial Trust
 Belstead Galzoni
 Breakwater IT
 Bridge Partners
 Brigadier DV & Mrs Phelps
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 Gonville Hotel
 Grafton Centre
 Grand Arcade
 Hill Residential Ltd
 Hilton Cambridge City Centre
 Hornsea 3 Gas Funding
 John and Pamela Salter
 John and Pamela Salter Charitable Trust
 John Lewis Partnership Foundation
 Keeler Recruitment
 Kip & Alison Bertram
 Lady Hind
 Longwater Construction
 Milton Hall
 Mortgage Advice Bureau
 NCF Big Oardeal Fund
 Norfolk Community Foundation
 Norfolk YPG
 Novotel Cambridge
 One Stop
 Paragraph Publishing
 Paul Bassham
 Pentaco Construction Limited

QD Stores
 R.C. Snelling Charitable Trust
 Railpen
 Simon Gibson Charitable Trust
 Spurrell Charitable Trust
 Tesco
 The Barratt Family Charitable Trust
 The Belstead Galzoni Charitable Settlement
 The Duke of Edinburgh's Award
 The Ellerdale Trust
 The Geoffrey Watling Charity
 The John Horseman Trust
 The Outlook Fund
 The Paget Trust
 The Perse School
 The Strangward Trust
 The Welland Trust
 Thompson Family Trust
 University of Cambridge
 Welchs Transport
 Wise Music Foundation
 Xaar Plc
 Zoological Society of East Anglia



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